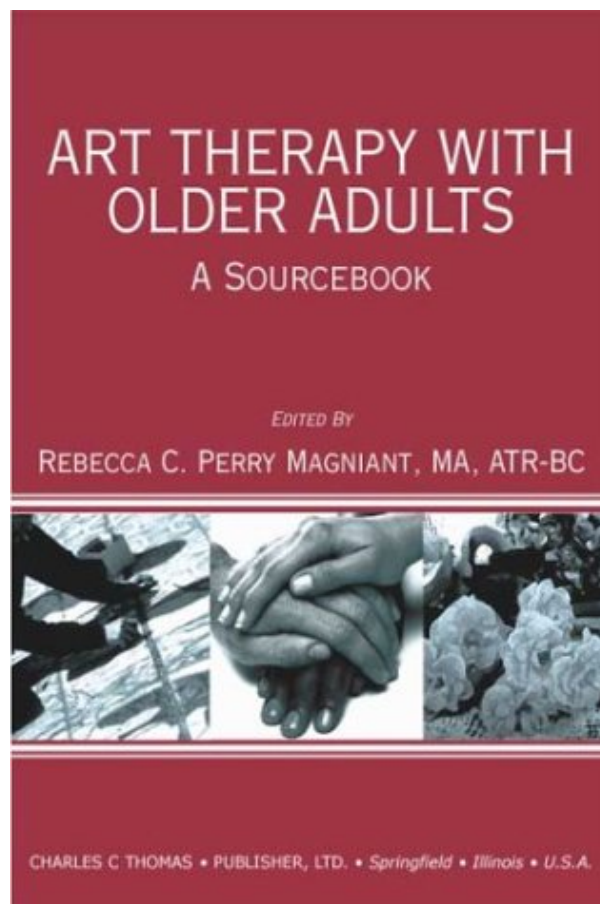


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# ART THERAPY WITH OLDER ADULTS

A SOURCEBOOK

*EDITED BY*

REBECCA C. PERRY MAGNIANT, MA, ATR-BC



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This book constitutes an important step in demonstrating that art therapy is a unique offering for persons aged sixty-five years and older, giving the potential for enrichment and healing in those lives. Describing the various ways in which art therapy can be used in the treatment of mental and emotional problems of older adults, the editor encourages the reader to use the suggestions and concepts within or tailor them to suit one's own specific working environment or population. Divided into three sections, this book proposes creative art therapies interventions, directives, and ideas along with model programs and examples of work in different settings. Section I discusses art therapy interventions and ideas for treatment, including working with ceramics, sandtray, memory books, and directives. Section II deals with working with specific populations of older adults, caregivers of older adults, and older adults in long-term care and residential settings. In addition, working with older adults with Alzheimer's disease is addressed in this section. Section III focuses on working with individual older adult clients, home-based art therapy, grandmothers raising troubled teenagers, hospice patients, and mentally ill geriatrics. Readers will find this book to be a sourcebook of information. It will have great appeal to human service practitioners, health and mental health practitioners, and educators in social work, psychology, nursing, and counseling.

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- Number of items: 1
- Dimensions: 9.75" h x 7.00" w x .75" l, 1.25 pounds
- Binding: Paperback
- 256 pages

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Provides Complete Resource on Art Tx. with Older Adults

By chic mama

July 1, 2004 - Art Therapy with Older Adults: A Sourcebook, edited by Rebecca Perry Magniant, is the first comprehensive text on creative arts therapies with older adults. An innovative and complete resource on using art therapy techniques with the elderly, the text offers a wide range of ideas and practical information, ideal for those within the field and those who are seeking an introduction.

The nonverbal approach used by art therapy is innovative and effective as a treatment modality, particularly for the elderly - one of the fastest growing segments of our population. This book demonstrates that art therapy is a unique offering for persons aged sixty-five and older, and gives the potential for enrichment and healing in those lives.

About the book:

Art Therapy with Older Adults: A Sourcebook presents case studies and interventions using arts therapies approaches in working with the older adult population. Creative arts therapists will find the text to be a useful resource, while other clinicians, such as those in social work, teaching, psychology, gerontology, and

counseling, will find this to be a comprehensive introduction to the field.

The book is divided into three sections: interventions and ideas for working with older adults; working with specific older adult populations; and case studies of individual client work. Also included in this volume is a comprehensive recommended reading list, which lists hundreds of references in the field.

While other texts in this area are limited to one specific aspect of the population, or focus solely on "diversional" or "recreational" aspects of care, *Art Therapy with Older Adults: A Sourcebook* is a comprehensive sourcebook for clinicians in this growing field. The volume encourages the reader to use the suggested concepts or tailor them to one's own specific working environment or population.

From the back cover:

"A rich compendium of articles on art therapy with older adults, this book is a valuable resource for both art therapists who work with elders and administrators of programs for the elderly. Further, the ideas, interventions, and case examples it offers make a strong case for expanding an effective and low-cost service to more members of our increasing (and currently underserved) elder population." Frances F. Kaplan, DA, ATR-BC, Faculty, Art Therapy Department, Marylhurst University and Editor, *Art Therapy: Journal of the American Art Therapy Association*

"An inspiring view of aging portrayed through sensitively written case studies, heralding the use of art as a potent form of therapy. Each case is a testimony to the value of artistic creation to help facilitate honest and meaningful personal expression. Perry Magniant aptly demonstrates how art therapy is a powerful vehicle for change and reparation for older adults. A guidebook filled with wisdom, creativity and enlightenment." Deborah Farber, MPS, ATR, Chair, Art Therapy Department, School of Visual Arts of NYC

About the editor:

Rebecca C. Perry Magniant, ATR-BC, is originally from Columbia, Missouri. She is a graduate of The George Washington University and former Director of Art Therapy at Goodwin House West in Falls Church, VA. She has lectured on various topics in the field of art therapy and has taught in the field. Mrs. Perry Magniant now resides in Paris, France.

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