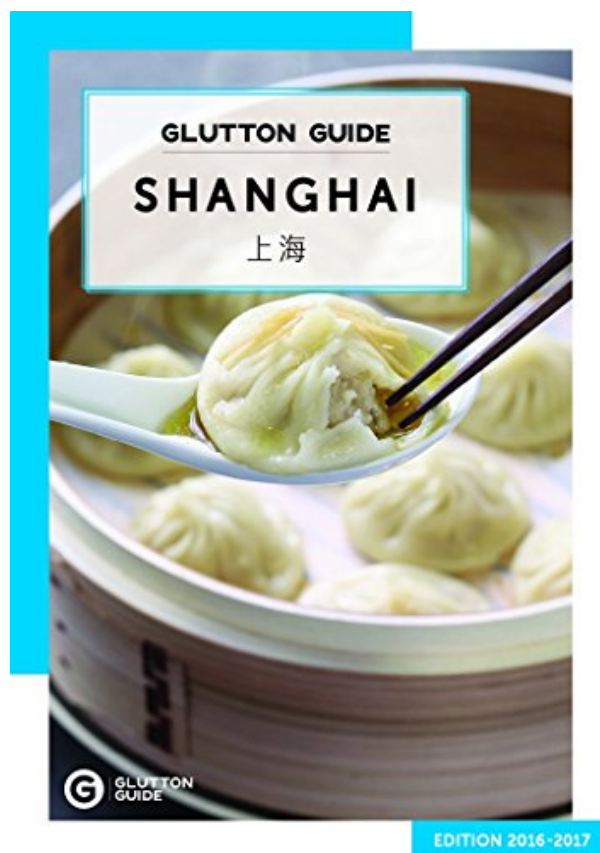
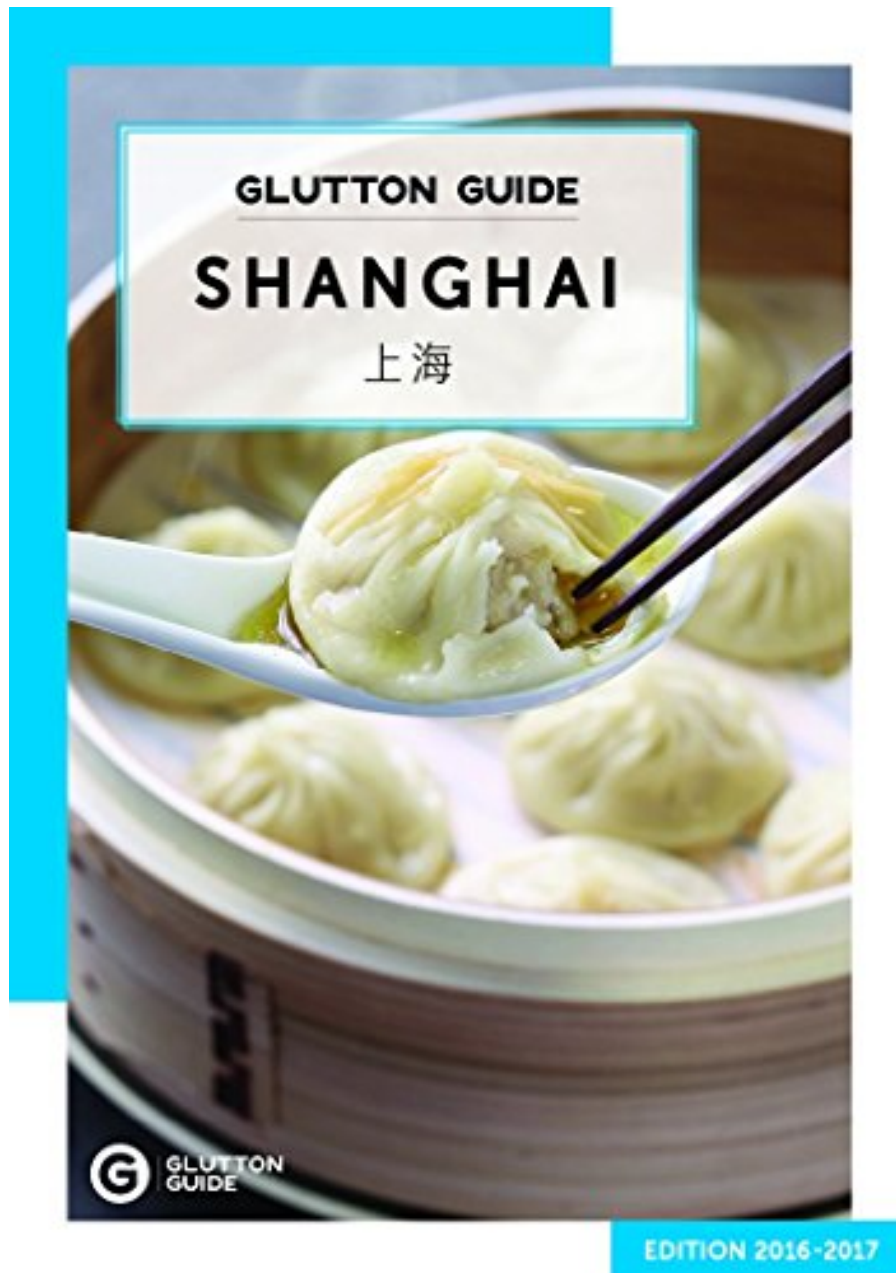


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## About the Author

Jamie Barys & Kyle Long founded UnTour Shanghai, the city's leading food tour company in 2010. Together, they have over 13 years of experience eating their way through the city, from Shanghai's best street food stalls to the high-end degustation menus from Michelin star wannabes. They live to eat, and want to make sure every visitor to Shanghai eats like a local, every meal.

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## **Eat Your Way Through Shanghai**

The guidebook written by foodies for foodies, the completely updated 2016/2017 Glutton Guide is all you'll need to plan a memorable meal-based trip in Shanghai. Highlighting the city's most authentic and delicious foods, Glutton Guide leads travelers to local treasures that are easy to miss and often hard to find – unless you know exactly where to look and what to order. In addition to an overview of Shanghai's best street foods and regional cuisines of China, reader will find a guide to the city's best international restaurants and bars as well as handy safety tips and a getting around guide.

Glutton Guide Shanghai helps readers hurdle the language barrier with ease, providing ordering instructions in English, pinyin and Chinese characters for each local restaurant, as well as bilingual addresses and subway information for all listings in the guide. All you have to worry about is working up an appetite!

## **Inside Glutton Guide Shanghai:**

- Shanghai's Must-Do Culinary Experiences
- Top 10 Street Foods
- Street Food Safety
- Regional Chinese Food Overview & Recommendations
- Best International Restaurants
- Top Hotels for Foodies
- Nightlife Guide
- Food Shopping
- Mandarin Language Guide
- Maps of Shanghai
- And so much more!

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About Glutton Guides: Don't read these guidebooks on an empty stomach! Glutton Guides is stepping out as the first and only global, locally written guidebook series to focus solely on the dining scene of its destinations. Each e-guidebook in the Glutton Guides series is written by culinary experts based locally in

each target city they – there's no crowdsourced information in the well-curated content. Glutton Guide writers condense the city's dining scene into one easily digestible resource that is regularly updated so readers don't have to worry about outdated listings. Coming soon are Melbourne, Prague & Buenos Aires!

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Hands down the most comprehensive guide to real Shanghai food

By Elliott Bernstein

If you're headed to Shanghai and you love local eateries and authentic street food, you have two choices:

1. Cobble together a list from a variety of websites and online forums, hoping it includes the necessary street addresses, Chinese characters, and other up-to-date info you'll need to actually make it useful once you're on the ground.
2. Spend a few bucks, save yourself a ton of time, and buy Glutton Guide Shanghai.

Jamie and Kyle have done all the footwork. They've spent years exploring every corner of Shanghai and designing tours that take visitors to Shanghai to the places you'll want to check out. I'll admit it, I'm a bit

biased because I spent a few years eating my way through Shanghai, and I even led a few of the tours they designed.

I don't live in Shanghai anymore, so I got the Glutton Guide to make sure I have all the most recent information when I do head back and gorge myself on soup dumplings and crawfish. It's also a serious nostalgia trip for me. These are things that most expats won't know about unless they've sought them out, and many locals won't bother mentioning to visitors. The guide has the name of practically every little longtang alleyway I ever wandered down, all the random markets I was surprised to find, and best of all it's got the ones I still haven't had a chance to check out yet.

1 of 1 people found the following review helpful.

... on a recent trip to Shanghai and it was amazing!!

By Elaine K Gold

I used this guide on a recent trip to Shanghai and it was amazing!!! The description of the food, along with photos, tips on how to eat it, and exactly where to find it was incredibly helpful. The street food section led me to places I never would've gone on my own, and the English and Mandarin translations made it super easy to order and made me feel confident that not only was I ordering correctly, but that I was getting the good stuff. Everything I tried that was recommended from the guide book was delicious. I highly recommend this guide book if you want to eat well in China!!!

1 of 1 people found the following review helpful.

Excellent foodie guide for Shanghai

By Hongkongrhon

Bought this for an upcoming trip to Shanghai, after the realisation that I didn't do Shanghai food justice in my first trip there. Good detailed information on the restaurants, as well as general dining information.

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