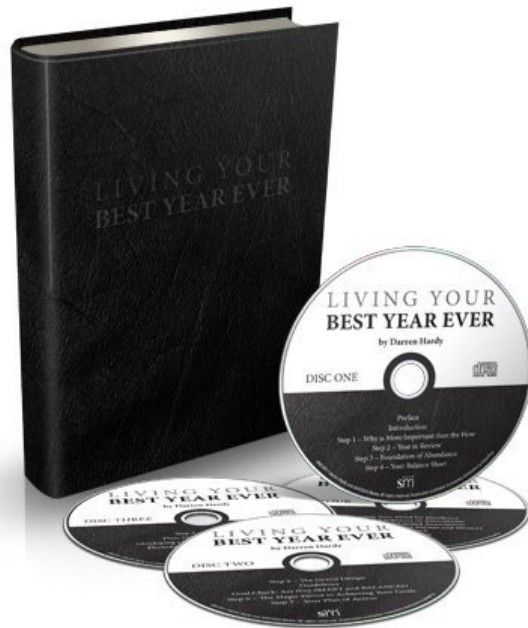
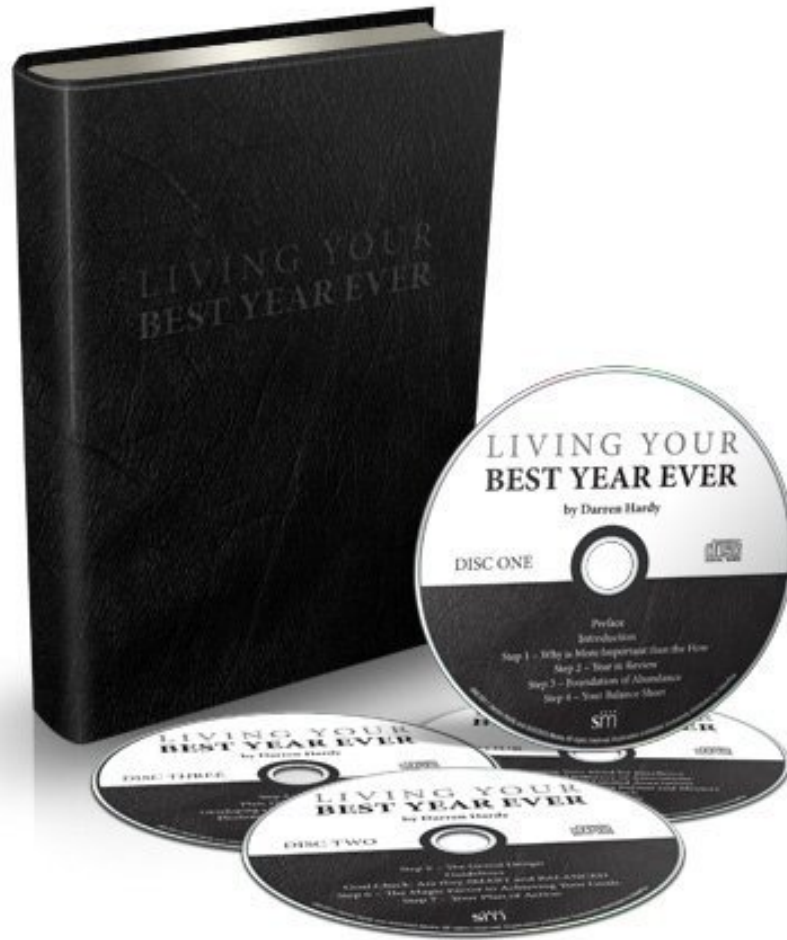


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Living Your Best Year Ever outlines the specific plan that Darren developed for himself, synthesizing hundreds of books, seminars, trials, errors and victories into the best and proven strategies on how to design, execute, stick to and achieve big goals. With Living Your Best Year Ever, youâ€™ll receive a 226-page journal-bound book describing the eight steps for achieving your Big Hairy Audacious Goals, plus:

- Sales Rank: #169388 in Books
- Published on: 2011
- Binding: Journal
- 226 pages

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Worth the Money and More. Very detailed, well thought out, and effective!

By Honest John

I've spent years developing professional techniques and methodologies to help people, myself included, become more happy and successful. Those two things mean pretty much the same thing if you ask me. Anyway, regardless of what you believe, my experience with this book leads me to think that you'll really benefit from the system inside.

The program makes a lot of references to old fashioned values like marriage and religion, but if you take it for what it means in your own life it's no difference really. For example, I took spirituality to mean my commitment to improving the lives of others and deepening my sense of connection with sources of happiness and meaning.

Ultimately, I found the exercises really helpful to get clear on my vision, as have my clients. Best of all it's proven to be one of the first systems that actually keeps a stubborn, know-it-all, donkey, like me doing the work week after week.

8 of 8 people found the following review helpful.

Love it! Get your life started

By dana

Engaging book and audio CD's. Love that you can work on your goals right in the book. Wish this book came with the compound effect book too..

13 of 16 people found the following review helpful.

Life changing product

By Fernando Surezserna

Trurly inspiring and a great way to actually implement the ideas. The goal setting method the book offers pays for itself. The discipline on my projects was my greatest flaw, I used to be the "great idea guy" who never finished what he started. Applying Darren's method for goal setting in just a month I've already done more than in the rest of the year. Arrived really quickly.

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