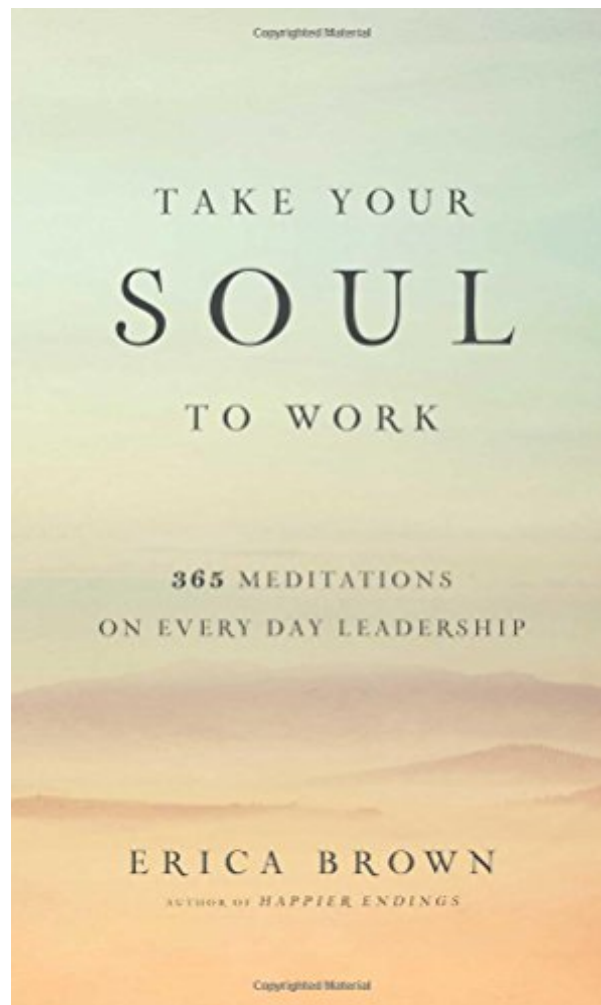


**TAKE YOUR SOUL TO WORK: 365
MEDITATIONS ON EVERY DAY
LEADERSHIP BY ERICA BROWN**



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About the Author

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Forgive with a full heart.

Be fully present for yourself and others.

Cultivate quiet.

Practice simplicity.

Walk with tenderness and curiosity.

Respect others.

Attune your senses to the world around you.

Remember the good.

Pay careful attention.

Make gratitude a daily habit.

Find holiness in shared laughter.

Feel purpose in collaborative work.

Work to bring more justice to the world.

Acknowledge that there are forces far greater than yourself that operate within you.

Give voice to the needs of those who do not think or act like you.

Use language at work that elevates conversations.

Have the trust of others.

Smile at strangers.

Actively create time to rest and time to reflect.

Know to whom you really answer in life.

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TAKE YOUR SOUL TO WORK: 365 MEDITATIONS ON EVERY DAY LEADERSHIP BY ERICA BROWN PDF

Practical, inspired, and bite-sized wisdom from renowned religious scholar Erica Brown, these daily meditations help add greater depth and purpose to your leadership.

Few leaders have a plan when it comes to soul-building at work. As a result, they often find themselves spiritually or emotionally depleted, and they can lose the larger ideals that made them want to lead in the first place. *Take Your Soul to Work* is a daily meditational for business and nonprofit leaders looking for inspiration. Each entry focuses on a different quality, emotion, or aspiration (“on discipline,” “on compassion,” “on impermanence,” “on callousness,” “on productive narcissism”) by presenting a relevant quote, story, or question inspired by the traditions of all faiths as well as artists, poets, and business thinkers to help leaders reframe, rethink, and reset.

Leaders rarely have time to reflect between the meeting, calls, and emails that eat away at the work day. With just one thought per day for the entire year, these 365 meditations will anchor, ground, and enrich corporate titans and nonprofit visionaries. *Take Your Soul to Work* provides spiritual nourishment and encourages leaders to steer their organizations with honesty, grace, and courage—and experience transcendence in the process.

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About the Author

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If you are looking for something to inspire, enlighten, enrich and inform your life, this is the book for you. Erica Brown has once again outdone herself with a powerful and comprehensive guide to growth and leadership. The diversity of her topics are as impressive as the wide array of sources and thought-leaders she draws from. Dr. Brown brings unique wisdom and insights that give focus to our everyday lives and make our actions more intentional and spiritual. I bought this book for every member of my staff knowing that her influence will undoubtedly make us all better professionals and people. Click on that "Add to Cart" button immediately and begin your journey. Your only regret (which is easy to remedy) will be that you didn't buy one for all your friends.

Rachel Wolf

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Inspiring!

By Michael Feldstein

Once again Erica Brown has written a book that is both inspiring to read and that has great practical value. She covers important topics of discussion with intelligence and wisdom, with each daily meditation written in a clear and digestible fashion. I recommend this book highly...whether you are interested in learning more about being a better leader, or simply learning more about being a better person.

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Five Stars

By kathleen o'connell

This is a good daily meditation

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