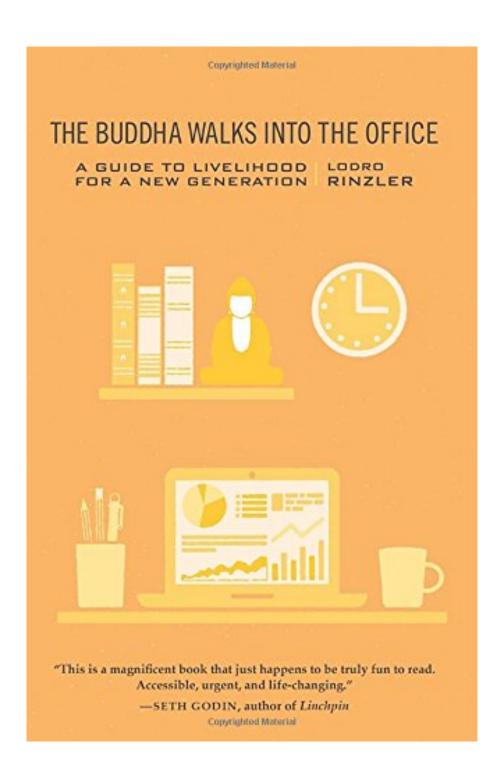


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"This is a magnificent book that just happens to be truly fun to read. Accessible, urgent and life-changing."—Seth Godin, author of Linchpin

About the Author

LODRO RINZLER is a teacher in the Shambhala Buddhist lineage and founder of the Institute for Compassionate Leadership. His columns appear regularly in the Huffington Post and Marie Claire, and his writings have appeared in Reality Sandwich, the Interdependence Project, the Shambhala Sun, Buddhadharma, and the Good Men Project. He is also the author of The Buddha Walks into a Bar..., Sit Like a Buddha, and Walk Like a Buddha: Even if Your Boss Sucks, Your Ex Is Torturing You, and You're Hungover Again. For more of Lodro visit www.lodrorinzler.com.

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